



CORONAVIRUS (COVID-19)

KEEPING IN TOUCH

DURING THE COVID-19 OUTBREAK



The **Caring for People Partnership** was set up to support people during the Covid-19 emergency. One aspect of this support is emotional and wellbeing needs for people missing their friends and family due to social distancing.

The **Keeping in Touch pathway** is to provide telephone contact with people who are feeling lonely and isolated. This support is being provided by volunteers from Argyll and Bute and managed by the Third Sector Interface.

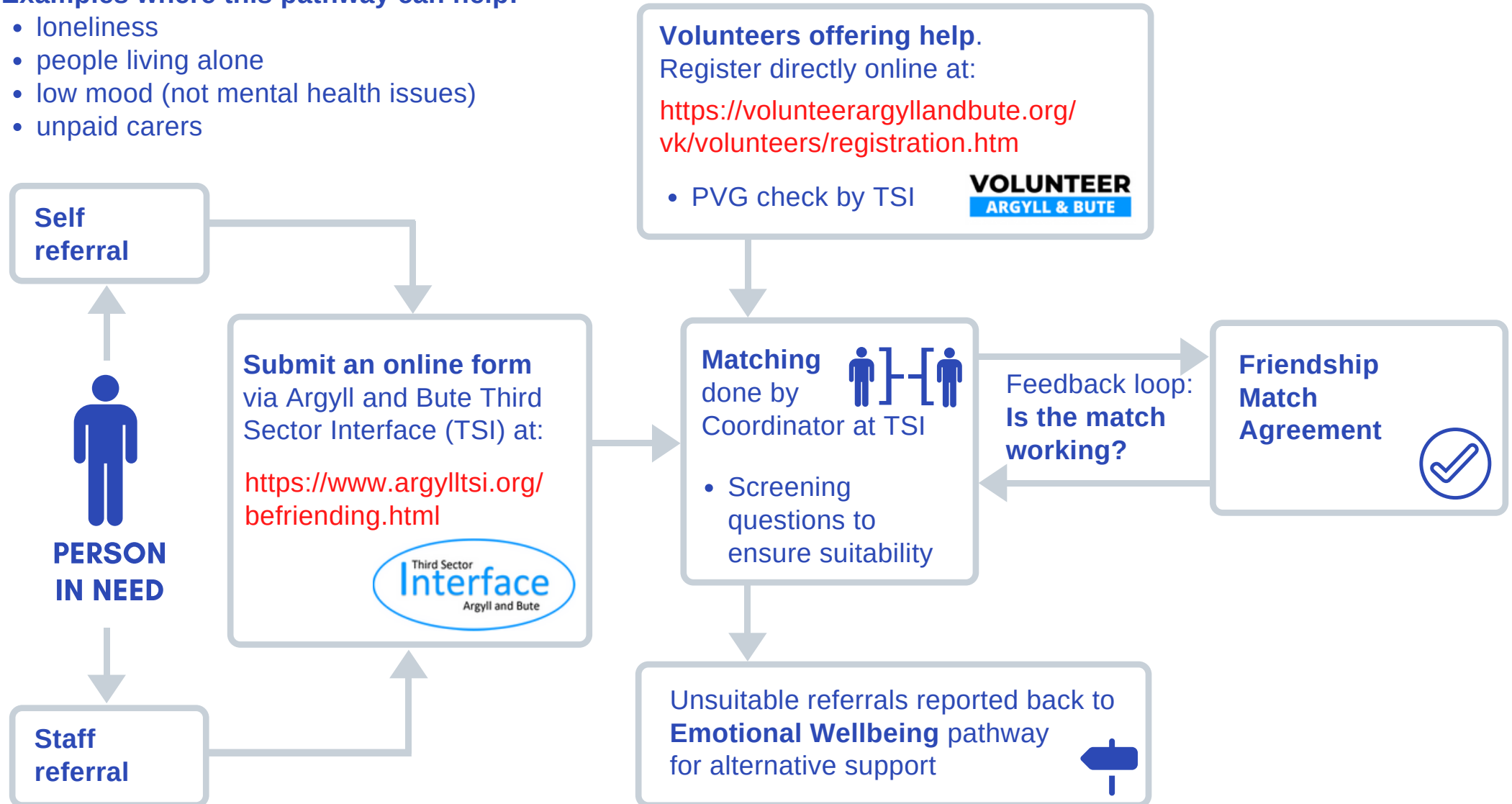
People can access this support in a number of ways:

- Direct access to the helpline or website
- Family or friend referral
- Health and social staff referral

Other forms of support for people feeling low mood and anxiety are available from the **Caring for People Helpline on 01546 605 524.**

Examples where this pathway can help:

- loneliness
- people living alone
- low mood (not mental health issues)
- unpaid carers



CARING FOR PEOPLE HELPLINE

KEEPING IN TOUCH CONNECTIONS

INCOMING

DELIVERY

