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 andy.mcnaughton@btinternet.com

**Scottish Sculpture Park**  
 Cool Ruadh, Old Coast Road, Colintraive PA22 3AR

**SUMMER EXHIBITION 2019**  
 23rd June to 26th August  
 11am - 6pm Tues to Sun

**ART CLASSES**  
 29th 30th June - Mojira Ferguson  
 6th 7th July - Bill Williamson  
 13th 14th July - Mojira & Bill

**OPEN GARDEN**  
 20th-21st July  
 01700 842357  
 www.colintraive.org.uk

**GLENDARUEL KARAVAN & CAMPING PARK**  
 Caravan Sales | Rentals | Towing & Tents  
 www.glendaruelcaravanpark.com  
 01369 820 267 / 07776 135 949

**SCOTTISH LAIRD GIFTS**  
 GIFTS, ACCOMMODATION & EVENTS at DUNANS  
 Guided tours & walks by appointment. Join a scheduled tour on Mon, Weds or Fri at midday. April-October inclusive.  
 Book on 01369 510511 or help@scottishlaird.com

**ADVERTISE HERE**  
 To advertise in this space please contact the newsletter team by emailing us:  
 newsletter@colglencommunitycouncil.org.uk

**Health & Wellbeing**  
 As part of the "What's next Consultation" you requested that we form a Community First Responder Group.

**What is a First Responder?**  
 A Community First Responder is a member of the public who volunteers to help their community by responding to medical emergencies while the ambulance is on its way.  
 Due to our geographical situation an ambulance will take at least for ty minutes if one is available at that time. Most people can travel around Colglen within twenty to thirty minutes. That small amount of time saving could make a massive difference to somebody's survival.  
 At this time all we need is a list of people with an interest in finding out more about what is involved.  
 If you would like to find out more then please give me your details. Contact David Munro on 01369 820199 or email davidmunro@hotmail.com

# CLUBS & CONTACTS

**The ColGlen Chorus** Sing every Tues evening at Colintraive Village Hall, 7pm - £5 per person. Alana on 01369 820 065, or [thecolglenchorus@gmail.com](mailto:thecolglenchorus@gmail.com)

**Book Club** Meets on the third Thurs of the month at 19.30 at Colintraive Hotel. Fiona on 01700 841705

**Talkie Walkies** Every Weds at 2pm. Contact Ann Fargher & Eileen Connon. £1 a week.

**Nordic Walking** Meet every Mon at 11am. £1. Cathy Grant on 01369 820352 or [cathygrant01@gmail.com](mailto:cathygrant01@gmail.com)

**Colintraive Bowling Club** from 2pm to 4.30pm every Tues and Fri. Green fees £2 per person for 4 hrs.

**ColGlen Gun Club** Contact Kenny McGillivray 07845 211102 or [facebook.com/glendaruelgunclub/](https://facebook.com/glendaruelgunclub/)

**ColGlen Growers** Sara Maclean 01700 841298 [colglengrowers.org.uk](http://colglengrowers.org.uk)

**ColGlen Boat Club** If you are interested in helping with the build or rowing, email [colglenboatclub@gmail.com](mailto:colglenboatclub@gmail.com)

**Colintraive Heritage Centre** Teresa on 01700 841725

**Bible Study Group**  
 We have a variety of church and non-church goers from Colintraive and Glendaruel who all thoroughly enjoy the opportunity to share their thoughts and opinions in a relaxed and friendly environment.  
 During the summer we are meeting informally and ad hoc so please contact us to find out when we next plan to get together. Contact Roger or Grace 01700 841798

**Social Badminton**  
 Every Tues except July & August. Sessions at 10am to 12noon, Glen Hall. £1 per session includes tea and biscuits. Contact Sue 01369 820237.

**ColGlen Wild Swimmers!**  
 Contact Martin McFarlane on 01369 820310 or Facebook group *The ColGlen Wild Swimmers*.

**Kyles Medical Centre**  
**Opening times**  
 Mon 0900 - 1230 1330 - 1800  
 Tues 0900 - 1230 1500 - 1630  
 Wed 0900 - 1230 closed pm  
 Thurs 0900 - 1230 1330 - 1800  
 Fri 0900 - 1230 1330 - 1630  
 Extended hours 1800 - 1830 on 1st and 3rd Thurs of each month must be pre-booked.  
*The medical centre will be closed on Mon 8th July and Mon 23rd Sept.*

## COMMUNITY DIARY

Mon	Tues	Weds	Thurs	Fri	Sun
1100	1000-1200	1000	1000	1400-1630	1200
Nordic Walking	Badminton	Yoga	Pilates	Bowls	Gun Club Practice
Various Venues	Glendaruel Village Hall	Colintraive Village Hall	Colintraive Village Hall	Colintraive	Glendaruel
	Except July & August		Except July & August		3rd Sunday
	1400-1600	1400	1800		
	Outdoor Bowls	Walkie Talkies	Gun Club Practice		
	Colintraive	Various	Glendaruel		
			2nd Thurs		
	1900-2100		1930		
	Choir		Book Club		
	Colintraive Village Hall		Colintraive Hotel		
			3rd Thurs		

23rd June <b>Scottish Sculpture Park</b> Cool Ruadh	17th July - 1900 <b>Forest Group Meeting</b> Glendaruel Village Hall	17th August - 1230 <b>Summer salad day</b> Glen polytunnel
29th-30th June <b>Ceramics Art Workshop</b> Cool Ruadh	20th July - 1030 <b>Glen Hall Fair</b> Glendaruel Village Hall	19th August - 1730 <b>Community Council</b> Glendaruel Village Hall
6th July <b>Glenfiddich Trophy</b> Glen Gun Club	20th July 0930 - 1230 <b>Garden Work Party</b> Colintraive Village Hall	24th August - 1400 <b>Shinty home</b> ColGlen v Tufforth
6th July - 1400 <b>Shinty home</b> ColGlen v KylesAthletic	20th July <b>RNLI Lifeboat Day</b> Tighnabruaich	8th September onwards <b>Volunteer week</b> Dunans
6th-7th July <b>Art Workshops</b> Cool Ruadh	20th-21st July - 1000-1600 <b>Open Garden (SGS)</b> Cool Ruadh	20th September <b>Growers Meeting</b> Colintraive Polytunnel
13th-14th July <b>Raku on the Beach</b> Cool Ruadh	27th July <b>Growers Meeting</b> Colintraive Polytunnel	3rd October - 1000 <b>Kilmodan Tearoom</b> Kilmodan School
15th July to 8th August <b>ARC Begins</b> from 1000-1500 every Mon, Tues, Weds, & Thurs for four weeks Glendaruel Village Hall	3rd August - 1400 <b>Colintraive Fete</b> Colintraive Hall	13th October 1200 <b>Growers Harvest lunch</b> Colintraive Village Hall
	8th August - 1500 <b>ARC Ends</b> Glendaruel Village Hall	28th October <b>Glendaruel Caravan Pk</b> Season close

**Dear Reader,**  
 For this issue of our community newsletter we are concentrating on all the activities in which residents and visitors can participate, whether it's actively or as spectators. With Shinty, Fêtes, Children's activities or ColGlen's weekly and monthly clubs, there's lots to do.

We have two corrections to make from the Spring issue: the Colintraive Heritage Centre was transformed from the old joinery workshop of Alex Grant, not Archie Clark - our apologies for the mistake. And secondly, if you wish to contact us about any aspect of the newsletter, the correct email address is [newsletter@colglencommunitycouncil.org.uk](mailto:newsletter@colglencommunitycouncil.org.uk)  
 We can now offer advertising space for local businesses so please get in touch if you wish to advertise (it is free to be marked on the map).  
 • a column-width x 50mm high is £60  
 • column-width x £25mm high is £30

**Community Council AGM Report**  
 On behalf of the Community Council I would like to thank Tom Mowat for his sterling service to the community. Tom is standing down as a community councillor for personal reasons and will be missed.  
 Sums of up to £1000 are available to support projects in the community. Application forms are on the Community Council website.  
 If you wish to be part of the Forestry Group please contact Cathleen at [cathleen.russell@mac.com](mailto:cathleen.russell@mac.com) or come to our meeting at 7pm on the 17th July at the Glen Hall.  
 Community Council members attend meetings with Health, Transport and other Council groups on your behalf. If you have issues you wish raised please contact us and we will try and help.  
 For more information on meeting minutes, agendas and other news please refer to: [colglencommunitycouncil.org.uk](http://colglencommunitycouncil.org.uk)

The Steering Group with to thank the Argyll and Bute Council XXXXX Fund, the Community Council, and to the Cruach Mhor Windfarm Trust who have provided Project Management funding for capacity enabled through the Development Trust.

Photo: Sara Maclean



Discover your inner ninja, learn woodland survival skills, camp-out in a forest, model with junk, dance your socks off and take to the stage! Unfortunately, this engaging and fun programme is only for under 16s – sorry adults!

In 2006 a rural women's business network identified a serious barrier to many local parents working was lack of childcare, especially in the holidays. Money was made available to pay for a consultant to find a solution, however with an enterprising 'can do' approach, however two Glendaruel mothers persuaded the Funder not to give the money to a consultant, but to fund a pilot project to create an activity programme in our village hall. The Glendaruel Arts & Recreation Club (ARC) was founded.

Thirteen years later, the annual project is still going strong, and still supported, with much appreciation, by the Cruach Mhor Windfarm Trust, and local businesses. ARC offers a diverse selection of inclusive activities for children of all ages. Employing activity leaders and support staff to create activity days and hours of fun, we now employ as junior support team, some of the youngsters who as 'wee ones' started Summer School all those years ago. Visiting children, many of whom come and holiday in our community, year after year, have formed

long-standing friendships with local families. Thanks to everyone who has inputted into ARC over the years.

Sadie Dixon-Spain

July	15th	Mixed Martial Arts
	16th	Mixed Martial Arts
	17th	Woodland Foodie Fun
	18th	Woodland Skills
	22nd	In Motion Sports
	23rd	In Motion Sports
	24th	Wild Things
	25th	Wild Things
	25th	Teen Campout in Stronafian Forest
	29th	Forest School
	30th	Art
	31st	Yogido
Aug.	1st	Junk Modelling
	5th	Dance Your Socks Off!
	6th	Dance Your Socks Off!
	7th	Drama - Great Scots!
	8th	Drama - Great Scots!

All sessions run 10am-3pm. £8 per day, per child. **ALL ages welcome.** Bring a packed lunch and plenty of snack and drinks. Sun hats & midge spray essential. Contact Sadie 01369 820115 or email [sadie.dunans@gmail.com](mailto:sadie.dunans@gmail.com)



### ColGlen Chorus Pudding & Performance 2019

A packed village hall was treated to a variety show of music and song, featuring performances by Joshua Dawson, The ColGlen Chorus, David Hunter, Rebecca Bloom and The Brambells, not forgetting the tasty treats at half-time! Altogether they raised £716 for Cowal Hospice.

Ayles Skiff. We are interested in names that link us to ColGlen or the general area, bearing in mind that Tighnabruaich and Bute also have skiffs. Please email name ideas to [colglenboatclub@gmail.com](mailto:colglenboatclub@gmail.com). The skiff will be on display at the Fête on 3rd August.

### The Glen Fair

The Fair will take place on Saturday 20 July at 10.30. Like last year it will be a coffee morning with stalls. Some tables will be available for rent, please contact Jean MacKellar on 01369 820303 to book. Donations, particularly for the kitchen, are very welcome and can be dropped off 7-8pm, Friday 19th, or on the morning. Come along and enjoy a good chat. Also, a gentle reminder for our tea towels to be returned as soon as possible please!

### Scotland's Gardens Scheme

Since 2005 SGS has been a Colintrave gardens biannual event. This year the Sculpture Park at Caol Ruadh will be open from 2-5pm on 20th & 21st July Admission cost is £5.00 (children free)

The Scheme are always looking for new gardens to showcase so if anyone would like to open their garden next time (2021) they should contact Patricia McArthur on 07796 94509

### ColGlen Boat Club Skiff name campaign

Many skiffs have the name of a saint. The original skiff design is called the St

The 6th summer exhibition is showing more than 50 sculptures and installations by 24 Scottish based artists in the garden of Caol Ruadh House near Colintrave, Argyll.

## CAOL RUADH SCULPTURE PARK 2019

The artists exhibiting include many internationally known sculptors in stone, ceramics, wood and other media. There are 5 artists new to Caol Ruadh. The exhibition is unique in showing outdoor sculptures by leading artists in a marine environment and includes the Kilmodan School Sculpture Challenge sponsored by the Cruach Mhor Windfarm Trust. The spectacular garden at Caol Ruadh runs down to a beach opposite the Kyles of Bute, less than 50 miles from Glasgow and in one of the most beautiful parts of the Southern Highlands.

The exhibition will be open from 11 am to 5 pm every day (except Mondays) from Sunday 23rd June until Sunday 25th August. All of the sculptures are for sale.

[www.scottishsculpturepark.com](http://www.scottishsculpturepark.com)

### ART CLASSES

29/30 June: Moira Ferguson *Ceramics*  
29/30 June: Pat Chandler  
6/7 July: Bill Williamson *Ceramics*  
13/14 July: Moira Ferguson & Bill Williamson, *Raku on the beach*  
27/28 July: Pat Chandler  
10/11 August: Pat Chandler

### EVENTS

20/21 July: *Open Garden*



'School Girl' by Illona Morrice

## POLICE REPORT

from Chief Inspector Douglas Wilson produces a very good leaflet which is widely available. For other good sources of information, please see The Scottish Outdoor Access Code ([outdooraccess-scotland.com](http://outdooraccess-scotland.com)) or any local Scottish Natural Heritage office.

- These roads are only wide enough for one vehicle. They have special passing places.
- If you see a vehicle coming towards you, or the driver behind wants to overtake, pull into a passing place on your left, or wait opposite a passing place on your right.
- Give way to vehicles coming uphill whenever you can.
- If necessary, reverse to a passing place to let the other vehicle pass.
- Do not park in passing places.

Passing places are usually marked by either black and white poles or square passing place signs, but some passing places are not marked. Drivers using single-track roads should be ready to reverse to a passing place in order to let other vehicles pass. Driving onto verges to avoid reversing is not recommended. A friendly wave as 'thank you' if another road user has reversed or waited for you, is very welcome! Campervans please check ahead that any proposed route is suitable and seek local advice before setting off as we have had a few vehicles stuck on the Otter Ferry Road.

Since the introduction of the Camping control area within the National Park we have had a rise in complaints about "wild campers". The Park

Locally, we are keen to expand our Rural Watch Scheme to maintain contact with, and circulate information to, the community. For more please visit [ruralwatchscotland.co.uk](http://ruralwatchscotland.co.uk).

Working closely with the council and other partners, we are raising awareness about livestock worrying, highlighting the responsibilities of dog-owners and the damage that can be caused to livestock and livelihoods. We've delivered training to local officers increasing their knowledge in the investigation of such offences.

As Area Commander I have been reviewing policing throughout my command area (Cowal, Bute, Helensburgh and Lomond) and am considering various initiatives to improve both local access to the police and visibility within the community. We are also seeking to recruit Constables; details of our recruitment campaigns are on our Police Scotland web site.

If anyone has any suggestions on rural policing or has matters to raise please contact myself or one of my officers by calling 101 or calling into your local office. Alternatively myself and my officers regularly attend community council meetings.



Four years ago the Development Trust embarked on a major upgrade of the (then) Cowal Way.

The aim was to establish the Way as one of Scotland's Great Trails (SGTs) and increase the tourist footfall in Cowal. Obtaining funding from The Coastal Communities Fund (CCF) enabled the Trust to take on Stewart Miller as Project Manager and Charlie Collins as Path Ranger.

To meet the criteria to become an SGT, set by Scottish Natural Heritage (SNH) involved signing and waymarking the whole 57 miles from Portavadie to Inveruglas on Loch Lomond and upgrading the path itself with bridges, boardwalks and multi-user gates. We installed counters to record visitor numbers and published a new guide book as well as establishing an interactive website. SGT status was achieved by October 2016.

Further funding was awarded by CCF to continue with extensive path infrastructure whilst widening our marketing. Attending major exhibitions, here and in Europe, gave trade and consumer feedback which indicates that we have one of the best Long Distance Routes (LDRs) in Scotland and

we are now being used as a template for other potential LDRs.

Tourist footfall has shown a considerable increase. Prior to 2015, anecdotal evidence suggested some parts of the way were rarely visited. Our counters recorded everyone from dog walkers and picnickers to backpackers walking the whole route.

The counters recorded 38,000 users in 2016 and last year this rose to 45,000. For those walking the whole route the numbers over the same period increased from 1500 to 2000, many from Europe and USA.

Of most interest however are how these numbers are reflected in the local economy. Using SNH figures the estimated spend along the Loch Lomond and Cowal Way for 2018 was £580,000 ranging from cafes to five nights' accommodation. There are over 100 businesses on the Way spread over Tighnabruaich, Glendaruel, Strachur, Lochgoilhead and Arrochar. All benefit from the flow of walkers.

James McLuckie



## KILMODAN PRIMARY SCHOOL NEWS

I went to a sculpture park and I enjoyed going to a beach in the sculpture park. We made a sculpture, it was quite big. It was made out of pipes.

Lucia P1

In May Kilmodan Primary School made a sculpture for Caol Ruadh Sculpture Park. We worked on it for nearly two weeks and here are some of the things we did.

On Monday, the first day of all the hard work, the Pre-P5 to P7 made body sculptures, looked at other people's sculptures and made mini sculptures out of washers and paper. On Tuesday, we got to school and saw some black pipes. We each got a pipe and tried making different sounds with them. We decided what sounds

## COLINTRAVE VILLAGE FETE

Celebrate the summer and join us for the annual Colintrave Village Fete. This year we are delighted to announce that Tom and Mhairi Mowat will officially open the fete. As ever we would be extremely grateful for volunteers to help on the day as well as donations to the Plant and

we liked and then made wooden crosses for the pipes so they could stand at the sculpture.

On Monday of the second week we went to the Sculpture Park. We had a good look around thinking where to put our sculpture. We finally decided to put it in a forest-like place.

Last but not least on Thursday, the last day, there was a party and parents were allowed to come. We decided what we would call the sculpture and it ended up as the Woodland Choir. Also on Thursday we showed the parents some of our body sculptures.

You've heard that these two weeks were fun so why not come and see for yourself? The Sculpture Park is open this summer.

Kathryn P3



Bottle Stall, and baking for the Teas and Baking Stall. To volunteer or for more information contact any of the committee.



The Ruel is a wonderful example of a classic Scottish west-coast spate river which has many beautiful and often productive pools.

Historically there were excellent migratory runs of salmon and sea trout and as recently as the 1970s, there were three hotels in the Glen, (Glendaruel Hotel, Highland Hotel and Ormidale) which relied heavily on visiting fishermen for their livelihood.

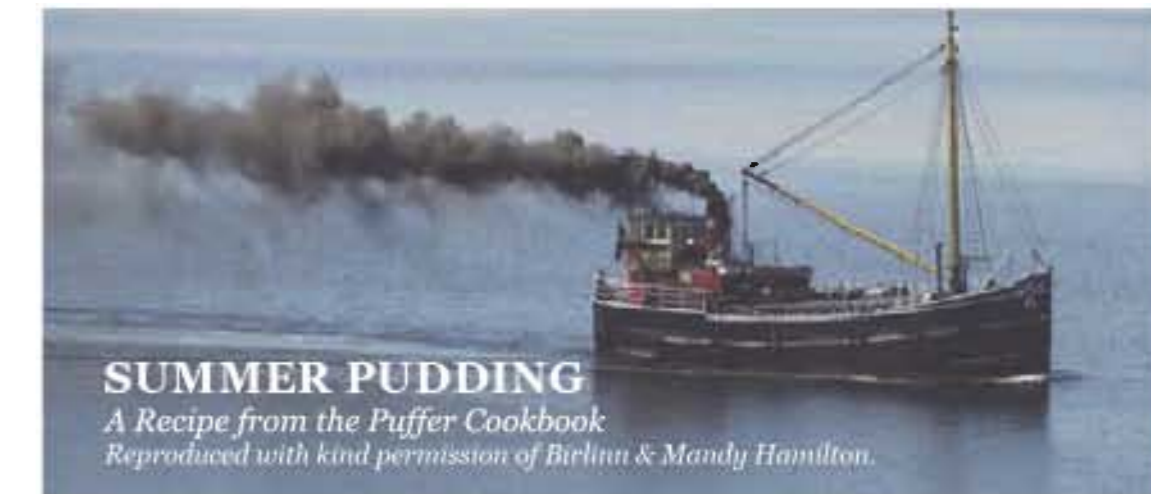
Since the advent of aquaculture and open cages in the sea lochs locally, in common with other West Coast rivers, the Ruel has seen a significant decline in the numbers of migratory fish returning. However given the right conditions, particularly after rain, the river still produces great sport for both salmon and seatrout from June until season's end on 31st October.

Fishing is by fly only on a catch-and-release basis, and since the closure of the hotels the river is not fished as much as its potential justifies. Under the guidance of

the Argyll Fisheries Trust, work is being done to improve the natural habitat and reduce erosion. Also, in recent years the Trust have organised a number of tuition days for the Kilmodan School children hoping to encourage the younger community to make use of the piscatorial gem on their doorstep.

Day tickets can be obtained via [www.fishpal.com](http://www.fishpal.com) (see under Argyll rivers): the Kandahar beat downstream from the Tighnabruaich road bridge; the Tighnariddon beat from the Kilmodan churchyard downstream to the Otter Ferry road bridge; and for the Upper Beat from the Caravan park upstream to Garvie. Alternatively, Kandahar and Tighnariddon can be booked directly by contacting Andrew Barker (07500 661328) and the Upper Beat via Neil Nicholson (01369 820254).

Photo: Andrew Barker



## SUMMER PUDDING

A Recipe from the Puffer Cookbook  
Reproduced with kind permission of Birliun & Mandy Hamilton.

David Hawson and Mandy came up with idea of the cookbook as an ongoing fundraiser for the Puffer back in 2010 at the end of a magical week on board. The recipes are all contributed by the many cooks who take a turn in the galley - you'll need to buy a copy to find out more! Luckily, the third edition has just been printed and can be ordered through the [www.savethepuffer.co.uk](http://www.savethepuffer.co.uk).

Soft fruit grows very well, all over Scotland. This pudding is best made with various combinations of raspberries, strawberries, red-currants and blackcurrants. However, be careful not to use too many blackcurrants as they tend to dominate the flavour.

**Serves 6**  
1lb/450g raspberries; 8oz/225g red-currants; 4oz/100g blackcurrants; 5oz/130g caster sugar  
7-8 slices white bread; 1.5pt/ 850ml pudding basin, buttered.

Put the fruits and sugar into a pan and cook them slowly for a few minutes until the sugar has melted and juice starts to flow. Remove from the heat and set aside. Carefully line the pudding basin with the bread overlapping each piece slightly to ensure there are no gaps. As you come to the top let pieces of the bread hang over the rim - they will be used later to fold over the top of the pudding. Pour the fruit

into the bread lined basin. It should be almost up to the top by now. Keep some of the juice back - this will be added just before serving. Fold over the pieces of bread and top with a final slice of bread to ensure the whole pudding is totally enclosed. Fit a saucer or plate on top of the pudding so that it rests on the pudding rather than the rim. Place some weights (tinned tomatoes are perfect) on the plate and put in the fridge overnight. Just before serving turn the pudding onto a serving dish and pour over the reserved juice to cover any patches of bread which are still white.

Serve with cream or ice cream.